

Bug In Supplies Checklist

- Food
 - ◆ This should be non-perishable foods, bulk foods, MREs, freeze dried, canned foods, etc. You should store as much as your storage space and budget will allow.
- Water
 - ◆ At the minimum, you should have enough water to take care of your needs for drinking, hygiene, cooking and cleaning, for each person and animal in your household. Generally at least 1 gallon per person/animal.
- Medication
 - ◆ If you require regular medications, you should keep enough extra on hand for the length of time you are prepared to bug in.
- First aid kit
 - ◆ You should always have a good first aid kit in your home.
- Fire starting kit
 - ◆ You should consider that you might need fire to cook or stay warm if utilities are lost while bugging in. It's a good idea to put together a fire kit with lighters, matches & fire starters as well as find somewhere you will be able to make a fire, such as a bbq pit in the back yard or fireplace in your home.
- Morale item(s)
 - ◆ Board games, playing cards and books all make good morale boosters.
- Blackout Kit
 - ◆ It's a good idea to have a blackout kit consisting of candles, NOAA weather radio, handheld flashlights and/or headlamps and batteries.
- Spare batteries
 - ◆ Make sure you have enough batteries for the flashlights and anything else you need that requires batteries.
- Personal protection
 - ◆ Personal protection items vary, use what you know how to properly handle. Consider that you might have to defend yourself, your family and your property while bugging in.
- Hygiene
 - ◆ Keeping extra hygiene supplies on hand such as soap, toothpaste and deodorant can make bugging in a more pleasant experience. You'll need to consider how you're going to use the bathroom, as well. Bucket with a lid kept in the bathroom? Going outside in a big hole? Make sure it's sanitary. Also, don't forget the toilet paper!
- Toilet paper
 - ◆ Always handy.
- Water purification
 - ◆ This could be as simple as some way to boil water, or you could invest in a Berkey, or you could have some water purification tablets. Consider your options

as you may need to go find water, take water from your rain collection bucket or what-have-you in order to get fresh water.

- Bathtub water collector
 - ◆ Search google for a 'bathtub emergency water bladder'. It'll come in handy to have fresh water around.

Optional:

- Solar panels
 - ◆ Portable solar panels are cheap and can easily be used to charge batteries or other small devices. Larger permanent mount solar panels may afford you the convenience of powering portions of your home if utilities are lost.
- Duct Tape or Gorilla tape
 - ◆ Great for common repairs and a wide assortment of other things.
- N95 mask(s)
 - ◆ Just in case of illness.
- Pet supplies
 - ◆ If you have pets, you should also plan for them. Food, water, medications, sanitation.
- Baby supplies
 - ◆ Do you have a baby in the household? Extra diapers, wipes, formula and other supplies will be needed.
- Glow sticks
 - ◆ Great for temporary light (they last 8-12 hours).
- Sewing kit
 - ◆ Great for repairing clothing and gear. If you want to use this for medical reasons, please make sure you know how to use it appropriately.
- Trash bags
 - ◆ You will still need to dispose of trash, even when bugging in. Having extra trash bags on hand would be good.
- Basic tools
 - ◆ Most people have basic tools around the house. Having a basic tool set along with some extras such as nails, screws and maybe even scraps of wood could come in handy.
- Propane heater
 - ◆ In the winter, if you don't have a way to make a fire or simply don't want to, if you are in a blackout, a propane heater will come in very handy.
- HAM Radio
 - ◆ The HAM community is strong. If you can get your technician license, it's a good idea to have a HAM radio so that you can be in the know about any current emergencies or disasters.
- Tarps

- ◆ You may need to close off some rooms for quarantine or to just to keep a certain room warmer than the rest of the house because all you have for warmth is body heat and the propane heater.

→ Generator

- ◆ I put this under optional because a generator has pros but also cons. I would suggest getting a dual fuel generator, one that can run on gas or propane. Propane is easier to store. Generator can be loud, so only run when absolutely necessary, maybe just for a couple hours to keep your freezer cool and so on.

Important notes: Bugging in supplies will be dependent on your personal needs. If you don't see something on this list but you want to store it, then by all means, store it! There's no right or wrong way to prep.

If you ever need to bounce ideas or need help in anyway, I'm here!

Contact me:

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