

# Prepare & Survive Economic Crisis

By Morgan Rogue

## Sample

### Bartering

In times of crisis, trading and bartering may be a prime way of getting what you need. People trade and barter for items everyday and will continue during a financial crisis.

#### **Here are some ideas for trading and bartering:**

Need some eggs? Go to your local farm and offer your table scraps in exchange for some eggs. Chickens love table scraps so you'd be helping the farmer. If the farmer doesn't want table scraps, ask him what he'd take in exchange for some eggs.

Put an ad on Craigslist, Facebook Marketplace or your personal social media page for what you need and you're willing to offer or if you're negotiable. The great thing about the internet is that we can get eyes to a huge audience by posting online.

What skills can you barter? Can you work a little for what you need? Mow the lawn for some eggs? Pick up dog poop for some rice? If you're not afraid to work for it, write down all of your skills. You never know what someone might need!

What can you make? If you can make baby wipes, that'd be a huge asset to many people. Offer your homemade baby wipes in exchange for what you need.

It's about creativity. Write a list of things that you can offer other people before asking what you need.

Since you're a prepper, you may want to stock up on certain items that would be needed by others, and yourself, in times of crisis.

Here's a list of popular items to trade/barter:

- Alcohol
- Tobacco
- Baking items
- Toilet paper
- Nonperishable foods
- Clean water (or water purification)
- Hygiene items
- Baby items
- Pet items
- Medications
- Feminine products
- Garden supplies
- Camping supplies
- Ammo/self-defense items

These are just some ideas. Write a list of items you see a huge need for in everyday life and what people find to be essential.

When it comes to bartering, be safe. People may try to take advantage, especially if you don't have what they're asking for. Stay aware, trust your instincts and take precautions, always.

Thank you so much for reading! If you liked what you read, pick up a copy for yourself:

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