

Ultimate List of Prepper Skills

1. Get a book on wild foraging and regularly go foraging for wild edibles
2. Learn how to track animals
3. Learn how to trap animals
4. Go hunting with a rifle or bow
5. Learn how to fish and go fishing
6. Learn how to field dress, butcher and cook wild game
7. Learn how to grow a garden
8. Learn how to harvest and store seeds
9. Learn how to breed and raise animals / livestock
10. Learn techniques for cooking outdoors on a fire
11. Learn to can foods, sauces, jams, etc
12. Learn to can foods off grid (Hint: use your BBQ!)
13. Learn to dehydrate food
14. Learn how to make cheese
15. Learn how to churn butter
16. Be familiar with proper nutrition and your specific nutritional needs
17. Learn to distill your own vinegar
18. Make your own apple cider vinegar
19. Experiment with cooking meals from your food storage
20. Learn to bake various types of bread
21. Learn to pressure can
22. Learn to make tortillas
23. Learn how to preserve eggs without refrigeration such as dehydrating, freezing, freeze drying, pickle, salt, etc.
24. Learn how to preserve through pickling

25. Learn various preservation methods such as salting, honey, drying, root cellar, canning, fermenting, smoking, zeer pot, underground fridge, etc.
26. Learn how to render fats
27. Make pemmican
28. Make jerky
29. Make a [homemade MRE](#)
30. Learn to spear fish/bowfish
31. Learn how to smoke food on and off grid
32. Learn to bake without an oven
33. Learn to open a can without a can opener
34. Make tea from a wild edible, such as pine needles
35. Learn how to sprout from seeds
36. Make a fishing net
37. Learn to make kombucha
38. Make your own mead
39. Make your own beer
40. Make your own wine
41. Make your own wild yeast
42. Learn how to find water
43. Learn how to collect water
44. Learn to purify water with bleach
45. Learn to purify water with sand/dirt/rocks
46. Learn to purify water by filter/boiling
47. Create a rainwater collection system
48. Learn how to get water from your water heater
49. Learn about desalinating seawater
50. Learn about natural water containers such as bamboo, coconuts, cactus pads, etc.
51. Research and make note of water resources outside/near your home
52. Build a solar still
53. Construct a primitive shelter
54. Create several different types of shelters from a tarp
55. Think about natural shelters in your area, such as caves
56. Learn the best type of shelter for cold weather and warm weather
57. Build a primitive bed up off the ground

58. Learn how to dig out and build a safe fire ring
59. Practice making a fire using flint and steel
60. Practice making a fire by striking flint against flint
61. Practice making with just natural resources
62. Make a fire with a bow drill
63. Practice making a fire using lens based methods
64. Practice making a fire using batteries and steel wool
65. Chop wood and keep plenty on hand
66. Learn how to make charcoal and practice making it
67. Learn how to make char cloth and then practice making it
68. Make your own fire starters
69. Make waterproof matches
70. Test out fire making in the rain/cold/extreme heat
71. Test various commercial/homemade fire starters
72. Build a dakota fire hole
73. Practice using a ferro rod
74. Light a candle with a ferro rod
75. Practice feather sticking
76. Learn to make an oil or pine sap torch
77. Learn to tie various knots
78. Learn basic suturing techniques
79. Purchase a tourniquet and learn how to use it
80. Put together a first aid kit for your BOB
81. Put together a thorough First Aid kit for your home
82. Put together a first aid kit for your car
83. Learn about Herbal Medicine and Natural Remedies
84. Learn about essential oils and when and how to use them
85. Learn how to make your own essential oils
86. Learn to make [your own salve](#)
87. Learn what to do in case of a poisonous snake bite
88. Learn what to do in case of shock
89. Learn pet CPR/first aid
90. Learn child CPR/first aid
91. Make your own bug repellent
92. Take a 'stop the bleed' course
93. Learn how to treat a sprain

94. Learn how to extract a splinter properly
95. Learn midwifery
96. Learn how to properly splint a limb
97. Know how to carry someone who is injured
98. Learn how to make soap
99. Make your own dry shampoo
100. Make your own [baby wipes](#)
101. Learn to make your own deodorant
102. Learn to make your own lotion
103. Learn to make your own lip balm
104. Figure out alternative ways to go to the bathroom, such as with a 5 gallon bucket, outhouse, burying, etc.
105. Figure out an alternative to traditional toilet paper, such as using reusable cloth, a bidet or even straw
106. Learn to make your own toothpaste
107. Learn to make a stick toothbrush
108. Brush up on basic dental care, such as how to temporary fill a cavity, how to relieve pain, etc.
109. Learn how to sew by hand
110. Learn how to knit
111. Learn how to crochet
112. Learn how to make things from leather
113. Learn how to make shoes
114. Learn how to do laundry off-grid, such as with a 5 gallon bucket
115. Sew cache pockets into your clothing
116. If you have a baby or expecting, learn how to use and sew cloth diapers
117. Learn how to leatherwork
118. Learn blacksmithing
119. Learn and practice signaling techniques
120. Learn about CB radios and common frequencies
121. Get your ham license and communicate with the ham radio
122. Build a ham go box
123. Learn to build your own antennas
124. Figure out how to make a solar system for your house
125. Make your own wind turbine

126. Learn how to tell if someone is lying
127. Learn to read body language
128. Learn how to talk to kids before, during and after a crisis
129. Make an ammo can repeater
130. Practice [situational awareness](#)
131. Learn how to read a city map
132. Learn how to read a topographic map
133. Learn how to use a compass
134. Learn how to navigate with an analog watch
135. Scout new areas for useful resources
136. Practice prioritizing tasks
137. Practice determination and perseverance by not giving up on difficult tasks and following through with decisions
138. Practice slow, deliberate breathing to decrease stress and increase focus
139. Practice good interpersonal skills in your day to day life
140. Practice problem solving
141. Learn how to teach others
142. Learn to control your emotions; anger, fear, anxiety, etc
143. Do something that takes you out of your comfort zone
144. Go people watching
145. Know how to recognize your limits to prevent emotional and physical injury
146. Start keeping a regular journal
147. Practice goal setting
148. Practice marksmanship with a bow
149. Practice marksmanship with firearms
150. Learn basic hand-to-hand self-defense
151. Learn evasion techniques
152. Properly maintain and clean your weapons
153. Practice knife throwing
154. Learn to use a slingshot
155. Then learn to make a slingshot from wood or other sources
156. Make a bow plus the arrows from wood and/or PVC
157. Fortify your home security with cameras, locks, solar lights, door jams and alarms, etc.

158. Learn how to pick locks
159. Learn how to break free from restraints
160. Learn how to make a knife
161. Learn how to make primitive stone tools
162. Learn how to tan animal hides
163. Whittle your own cup, spoon, etc.
164. Learn to find worms for fishing bait
165. Learn to hide human scent
166. Learn to make cordage from nature
167. Learn about natural insulation and waterproofing
168. Learn to make a basket out of natural materials
169. Learn flintknapping
170. Learn about emergency signaling
171. Learn how to find and make tinder from nature
172. Learn how to identify animal tracks
173. Increase your endurance by regularly walking, jogging or running
174. Do regular strength training with weights or gallon water jugs
175. Stretch regularly to increase mobility and flexibility
176. Practice meditation for 5 minutes a day
177. Understand the signs of dehydration, heat stroke, heat exhaustion, fever, dysentery, hypothermia, hyperthermia, and so on.
178. Run mock drills for blackout, tornado, fire, hurricane, earthquake, etc.
179. Create a financial budget for weekly/monthly prepping supplies
180. Budget time that you can devote to prepping each day/week/month
181. Learn how to sharpen knives
182. Practice negotiation skills for trading or bartering
183. Learn carpentry / woodworking
184. Learn how to weld
185. Learn how to do basic service on your car like an oil change
186. Learn to make candles
187. Make things out of gorilla tape/duct tape
188. Learn how to do basic maintenance around the house
189. Make a maintenance kit for your bug out bag
190. Learn several different types of paracord weaves
191. Make EDC kits out of altoid tins
192. Make a solar charger kit out of an altoid tin

193. Make a fishing/hunting kit
194. Make a rocket stove
195. Learn how to camouflage yourself in the wild and urban
196. Prepare for lights out situation in extreme heat conditions
197. Prepare for lights out situation in extreme cold conditions
198. Learn to make natural clay then make something from that clay
199. Learn to cut your own hair as well as others
200. Learn to identify good/bad snakes and spiders
201. Learn how to properly store gas
202. Test your rain gear
203. Practice a mock bug out from your workplace
204. Learn morse code
205. Research crime in your neighborhood
206. Learn about beekeeping
207. Learn to use non-power tools
208. Farm worms or crickets
209. Learn how to compost
210. Learn various growing methods (container, hydroponics, indoor, etc)
211. Learn how and why humans do what they do and think what they think through psychology
212. Learn sign language and/or hand signaling
213. Learn how to read the weather
214. Learn and practice good people and communication skills
215. Know what you're going to do with garbage off-grid
216. Learn search and rescue markings
217. Learn how to survive without a knife
218. Look for trash outside and see how you could repurpose it for survival
219. Learn how to climb a tree
220. Learn how to barricade your home from the inside
221. Get to know city/hurricane escape routes
222. Find out if there are any emergency shelters in your area
223. Take a walk around your neighborhood and get to know the streets, houses, escape routes, etc.
224. Find and make note of at least 3 escape routes that aren't on a freeway/highway

- 225. Learn basic bike maintenance
- 226. Learn how to cut paracord without a knife
- 227. Make a knife strop
- 228. Invest in reloading equipment and learn to reload ammunition

Rogue Preparedness - <https://roguepreparedness.com>