Welcome!

Thanks so much for downloading this prepper planner! I hope it'll help you to stay focused and on track with your preparedness goals.

Prepping can seem very overwhelming, but when we have goals, a plan of action and write things down in front us, we can better see the real picture.

Remember, little steps add up to huge rewards. Progress, not perfection.

Have fun!

JANUARY

M	T	W	${f T}$	${f F}$	S	S
Top prio	orities			Notes	4	



My Goals	
Actions I Need To Make	

IDEAS

- 1. Start seeds indoors
- 2. Grow microgreens or sprouts
- 3. Make a food storage meal
- 4. Look for seasonal sales
- 5. Preserve seasonal produce: Broccoli, Carrots, Cauliflower, Celery, Chard, Collards, Kale, Cabbage, Spinach
- 6. Craft something
- 7. Inventory food
- 8. Bake something new
- 9. Exercise (indoors or out)
- 10.Gather supplies for a DIY project

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
—	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
•	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



FEBRUARY

M	T	W	T	${f F}$	S	S
Top prio	ritioe			Notes		
	inies			Notes		



My Goals	
Actions I Need To Make	

IDEAS

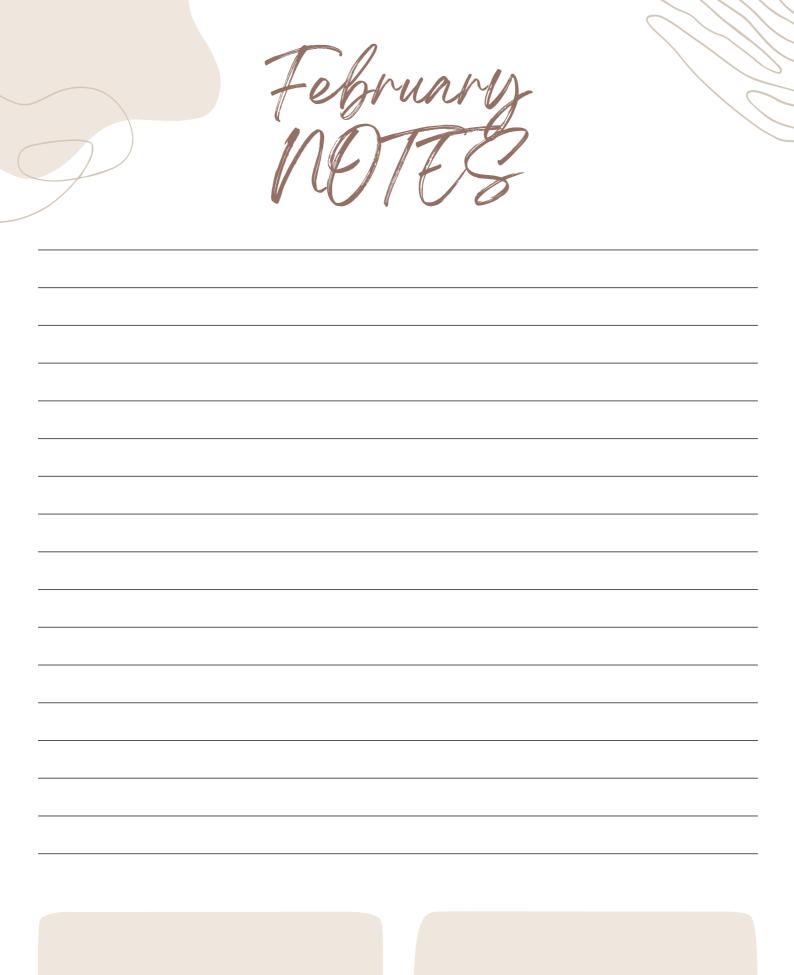
- 1. Run a fire drill or other mock drill
- 2. Purchase some ammo
- 3. Research chickens or other animals you'd like to add to the homestead
- 4. Winter items start going on sale
- 5. See how much snow or ice you can melt
- 6. Meditate everyday
- 7. Make soap
- 8. Craft something
- 9. Learn a new DIY
- 10. Read a book or watch video

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



MARCH

M	T	W	${f T}$	${f F}$	S	S
Top prio	orities			Notes	4	



My Goals	
Actions I Need To Make	

IDEAS

- 1.Inspect home for any winter damage
- 2. Check carbon monoxide and smoke detectors
- 3. Inventory bug out bag
- 4. Drain or flush water heater
- 5. Check rechargeable batteries
- 6. Frozen items go on sale
- 7. Make homemade salve
- 8. Practice using less water
- 9. Make crackers from scratch
- 10. Mylar bag some food

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



APRIL

M	T	W	T	${f F}$	S	S
Top prio	orities			Notes		
_		1				



My Goals	
Actions I Need To Make	

IDEAS

- 1. Practice dry firing
- 2. Do some spring car and other machine maintenance
- 3. Check for Easter sales
- 4. Start seeds indoors
- 5. Prepare rain catchment systems
- 6. Inventory gear for lights out
- 7. Check first aid kit
- 8. Build a solar dehydrator
- 9. Bake bread
- 10. Make or update an emergency disaster plan

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

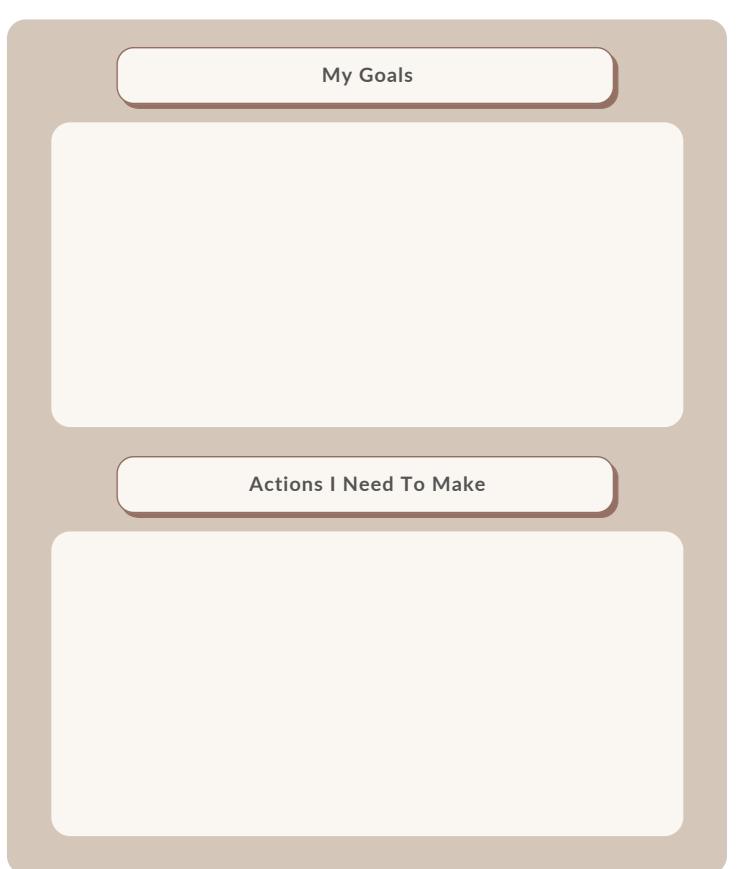
DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



MAY

M	${f T}$	W	${f T}$	${f F}$	S	S
Top priorities				Notes		





IDEAS

- 1. Spring items go on sale
- 2. Practice people watching and situational awareness
- 3. Check & update car kit
- 4. Check NOAA weather radio
- 5. Get your ham radio license and/or use your ham radio
- 6. Prepare home and vehicle for wildfire and hurricane season
- 7. Preserve seasonal produce: Beans, Beets, Blackberries, Carrots, Onions, Peas, Potatoes, Raspberries s, Strawberries
- 8. Many places can begin planting garden outdoors
- 9. Learn/practice navigation

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



JUNE

M	T	W	T	F	S	S
Top prio	rities			Notes		
_		3				



My Goals	
Actions I Need To Make	

IDEAS

- 1. Hike with your bug out bag
- 2.OTC pain medications go on sale
- 3. Many dairy products go on sale
- 4. Get out for a walk once a day
- 5. Go fishing
- 6. Defrost freezer or organize freezer
- 7. Build a solar distiller
- 8. Make or buy alternative toilets, like a bucket toilet
- 9. Make a food storage meal
- 10. Look for farmers markets

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



JULY

M	T	W	T	${f F}$	S	S
				- -	2	
Top prior	ities 			Notes		



My Goals	
Actions I Need To Make	

IDEAS

- 1. Start looking for wild edibles
- 2.4th of July sales
- 3. Double check alternative ways to stay cool without electricity
- 4. Go camping
- 5. Cook over a fire
- 6. Fill gas cans
- 7. Inventory extra prep supplies
- 8. Make a homemade MRE
- 9. Print out instructions, pictures and any recipes
- 10. Make a sourdough starter

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



AUGUST

M	T	W	${f T}$	${f F}$	S	S
Top prior	ities			Notes		
		4				



My Goals	
Actions I Need To Make	

IDEAS

- 1. Start homemade vanilla
- 2. Make homemade apple cider vinegar
- 3. Make homemade ice cream
- 4. Back to school supplies goes on sale
- 5. Start fall garden
- 6. Go to the shooting range
- 7. Make something with food storage
- 8. Inventory water
- 9. Forage for food
- 10. Summer clothing goes on sale

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



SEPTEMBER

M	T	W	T	${f F}$	S	S
Top prior	ities			Notes	Si .	
		<i>5</i>				



My Goals	
Actions I Need To Make	

IDEAS

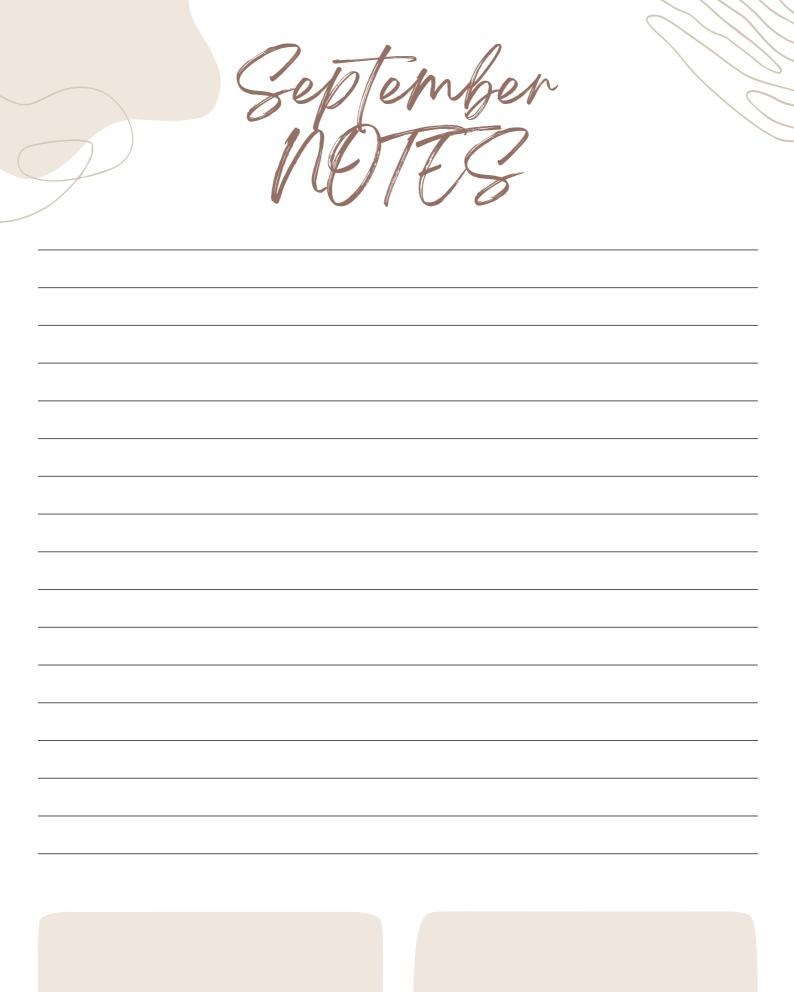
- 1. Check fireplace or wood stove
- 2. Seal any cracks around doors or windows
- 3. Test gear
- 4. Tomato products go on sale
- 5. Apples are in season, preserve lots of apples
- 6. Prepare for homeschool
- 7. Make tortillas
- 8. Make your own fire starters
- 9. Invest in manual kitchen tools
- 10.Learn to grind wheat berries and corn

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



OCTOBER

M	T	\mathbf{W}	T	\mathbf{F}	S	S
Top prior	rities			Notes		
		8				



My Goals	
Actions I Need To Make	

IDEAS

- 1. Run a mock drill
- 2. Walk around inside and outside home to check security risks
- 3. Fill propane tanks
- 4. Make a soup you've never made before
- 5. Make lotion bars
- 6. Get a new paper map
- 7. Make a to-go 5 gallon food bucket
- 8. Make a candle
- 9. Sew something
- 10. Inventory bug out bag

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



NOVEMBER

M	T	\mathbf{W}	T	\mathbf{F}	S	S
Top prior	rities			Notes		
		8				



My Goals	
Actions I Need To Make	

IDEAS

- 1. Halloween stuff goes on sale
- 2. Try growing an indoor garden
- 3. Thanksgiving items go on sale after Thanksgiving
- 4. Learn to make peanut butter from scratch
- 5. Make granola
- 6. Learn a new first aid skill
- 7. Exercise
- 8. Practice mindfulness daily
- 9. Mylar bag food
- 10. Learn a new DIY

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
POOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY



DECEMBER

M	T	W	T	F	S	S
Top prio	rities			Notes		



My Goals	
Actions I Need To Make	

IDEAS

- 1. Make a fire in the cold
- 2. Christmas items go on sale after Christmas
- 3. Inventory all preps
- 4. Test gear
- 5. Run a mock drill
- 6. Craft something
- 7. Start writing down plans for Spring
- 8. Make a new soup from preps
- 9. Practice knot tying
- 10. Enjoy time with family

DATE:	
SKILLS	SUNDAY
	MONDAY
FOOD/WATER	TUESDAY
FOOD/WATER	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
	MONDAY
	TUEODAY
FOOD/WATER	TUESDAY
	WEDNESDAY
	THURSDAY
	FRIDAY
NOTES	
	SATURDAY

DATE:	
SKILLS	SUNDAY
•	MONDAY
—	
	TUESDAY
FOOD/WATER	
	WEDNESDAY
	THURSDAY
	
	FRIDAY
NOTES	
	SATURDAY

